



Weekly Bulletin 26th January 2026

[Headteacher's Message](#)

The Importance of Literacy

At the heart of every student's success—both in their GCSEs and in later life—lies strong literacy. The ability to read confidently, spell accurately and communicate clearly through handwriting are not just classroom skills; they are life skills. Whether a young person is analysing exam texts, completing a college application, or stepping into the world of work, literacy underpins their ability to understand, express and achieve.

At TREA, we are committed to strengthening literacy for every child. This includes a range of approaches that ensure all students receive the support and challenge they need:

- **Reading with their tutor**, helping to build fluency, comprehension and a love of stories.
- **Engaging with their individual reading book**, encouraging daily reading habits.

- **Developing spelling skills**, ensuring accuracy and confidence across subjects.
- **Expanding Tier 2 and Tier 3 vocabulary**, giving students the academic language required to succeed in every discipline.
- **Providing targeted interventions**, so that children who need additional support receive it quickly and effectively.

Literacy is a shared journey. By reading regularly at home, discussing new words together, or simply encouraging curiosity about texts and topics, families can make a powerful difference. Thank you for working with us to give our young people the best possible foundation for their future learning and life beyond school.

Message from the English department



The English Department is coming up to the end of their second Cycle of learning which ends at February half-term, meaning assessments will be coming up in the next few weeks. Years 7 and 9 are working on producing excellent pieces of creative fiction and Year 8 are analysing Dickens' portrayal of key characters in *A Christmas Carol*. For KS4: Year 10 are finishing up with *Dr. Jekyll & Mr. Hyde*, while Year 11 complete their work with Shakespeare's *Macbeth*. For Year 10, this is the end of their **first** Literature GCSE text while, for Year 11, it marks their **last** GCSE text. This is an opportunity for Key Stage Four parents to check in with their children and ensure they are revising these texts for their exams. Each week, Key Stage Three are set core skills educate

quizzes, while Key Stage Four are set one language and one literature Educake for revision. Currently about 60% of students access this homework. It would be fantastic if parents could encourage more students to work independently at home, especially those who have exams in the next few weeks!

TREA English Team

Healthy Habits



A good night's sleep and a healthy breakfast are two of the most important foundations for learning, focus, and wellbeing in young people. Teenagers need 8–10 hours of sleep each night, according to NHS guidance, to support concentration, mood, and memory. When sleep is cut short, students can struggle to manage stress, stay alert, and perform at their best in school. A balanced breakfast also plays a vital role. It boosts energy levels, supports attention in morning lessons, and helps stabilise mood throughout the day. We encourage all families to prioritise consistent bedtimes and a nutritious breakfast to help students thrive.

[Sleep routines for young people and teenagers](#) (NHS link)

Key Dates



28th January 2026 Coffee Afternoon SEN parents

5th February Year 11 Parents' evening (online)

5th February Y9 Higher Horizons

10th February Y11 Geography Field trip

12th February - Last day of half term

13th February - INSET Day (Staff only)

23rd February school reopens

23rd February - Year 11 (selected) mocks this week

24th March 2026 KS4 APDR Meetings

26th March 2026 KS3 APDR Meetings

Introducing Mastery Mats for Year 11



We are excited to introduce **Mastery Mats** to support our Year 11 students as they prepare for their upcoming exams. These one-page documents provide a clear, focused summary of the **key knowledge, skills, and exam essentials needed to secure a Grade 5+**.

Each Mastery Mat is tailored to a specific **paper or topic within every subject**, giving students an at-a-glance guide to the most important content. Designed to boost confidence and make revision manageable, the mats highlight exactly what students need to know and offer a structure for **short, targeted revision sessions**—perfect for independent study, tutor time, or quick refreshers at home.

We hope these become a valuable tool in helping students revise smarter, stay organised, and feel well-prepared for their exams.