



Weekly Bulletin 9th February 2026

[Headteacher's Message](#)

Children's mental health week

What is Children's Mental Health Week?

Children's Mental Health Week is an annual awareness event created by the children's mental health charity *Place2Be*. Its aim is to empower, equip, and amplify the voices of children and young people across the UK, encouraging everyone to support positive mental health and wellbeing.

When is it?

This year, **Children's Mental Health Week runs from 9–15 February 2026**. First launched in 2015, it has grown into a national campaign celebrated every February. Join us as we mark the **12th**

year of this important initiative, shining a spotlight on the emotional wellbeing of young people.

How are we taking part?

To support this important week, we will be delivering **form-time lessons on Wednesday** focused on mental health and wellbeing. In addition, **Year 10 students will explore the theme further within their PSHE lessons**, allowing them time to reflect, discuss, and develop strategies for looking after their own mental health.

Additional Activities

In addition, **Mrs Fiddler is running the “Bring a Book, Make a Difference” campaign**, encouraging students to share the joy of reading while supporting a meaningful cause.

Key Dates



10th February - Y11 Geography Field trip

12th February - Smashed Productions (Y8 & 9) Last day of half term

13th February - INSET Day (Staff only in school)

23rd February - school reopens

23rd February - Year 11 (selected) mocks this week

19th March - Year 9 Parents Evening & Next Steps

24th March - 2026 KS4 APDR Meetings

26th March - 2026 KS3 APDR Meetings

Mental Health & Belonging Week 9th-12th February: “This Is My Place”



This week, we will launch **Mental Health & Belonging Week: *This Is My Place***.

The aim is to help every student feel they belong in our school and are a valued part of our community.

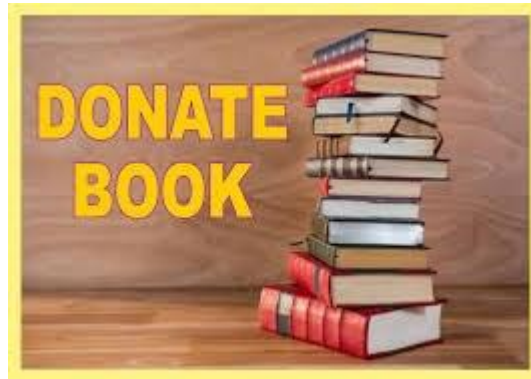
Each year group will have one PSHE session during the week.

The themes are:

- **Emotional safety**
- **Belonging**
- **Mattering**
- **Help-seeking**
- **Staying steady under pressure**

This week is part of our work to build a positive school culture where everyone feels a sense of belong.

Bring a Book, Make a Difference – This Is My Place



During the week, we are inviting students and families to take part in our Donate a Book for Belonging drive.

We need new or good pre-loved, age-appropriate books to help us get ready for our new library launch in March 2026.

These new books will help create a fresh, exciting space that students will want to use and feel proud of.

Students can bring a new book to their tutor on any day next week.

Every donation will go straight into the library when it opens, helping us build a place where every young person feels,

"This is my place, Bring a Book, Make a Difference"